

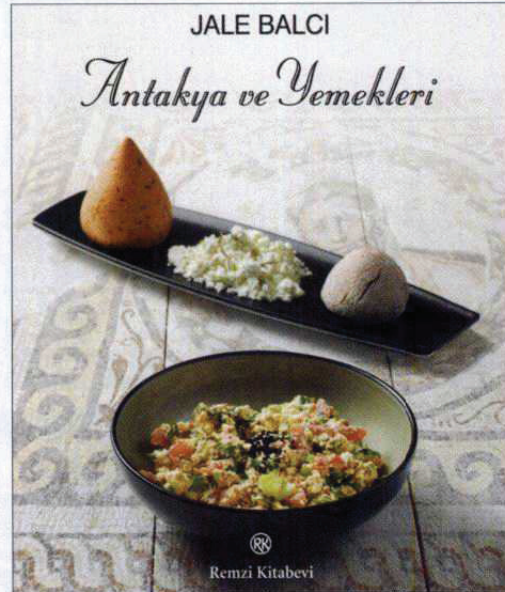


A cookbook titled **Refika'nın Mutfağı / Cooking New Istanbul Style** was recently released by first time author Refika Birgül. The whimsical and easy to follow cookbook was prepared in English and Turkish and includes the author's original recipes inspired by all time favorite Turkish traditional dishes. Most are very easy to prepare – some only taking 5 minutes!

The self taught author started cooking at a tender age and her mentors were her family – from her brother to her aunts, uncles and grandfather! But along the way, she graduated from the London Business School!

The hardcover book is 372 pages, includes personal tales as well as recipes and was published by Boyut Publishing. The cost is 48 TL and it is available at all major bookstores throughout Istanbul or from [www.boyut.com.tr](http://www.boyut.com.tr).

Authored by Jale Balcı, a book titled **Antakya ve Yemekleri** was released last month. It not only includes practical recipes for dishes from the city of Antakya, but also extensive information on the history and culture of the city. Born and bred in Antakya, Ms. Balcı is a food and menu designer, has had extensive training in on cooking, nutrition and table decorating and this is her 3rd cookbook. The English version – titled **Antioch City & Cuisine** will be released as we go to press. The Turkish version costs 30 TL and the price for the English version is 35 TL. Both books are available at major bookstores throughout Istanbul and were published by Remzi Kitabevi. ([www.jalebalci.com](http://www.jalebalci.com); [www.antiochiaconcept.com](http://www.antiochiaconcept.com))



The award winning website "Istanbul Eats" founders Ansel Mullins and Yigal Schleifer have now ventured into the world of publishing with a book titled **Istanbul Eats, Exploring the Culinary Backstreets!** Published by Boyut Publishing, the just released book focuses on "Istanbul's soul food" served at the small eateries throughout the city. The softcover book includes reviews on 80 local restaurants with photographs and the price is 19 TL. The book is sold at all major bookstores throughout the city. ([www.istanbuleats.com](http://www.istanbuleats.com))

